



Libraries in South Staffordshire are teaming up with the Alzheimer's Society and the network of Dementia Friends Champions to offer Dementia Friends information sessions at 2 libraries during May.

Dementia Friends Information Sessions are run by volunteer Dementia Friends Champions, who are trained and supported by Alzheimer's Society. Each Information Session lasts around one hour. You will learn more about dementia and how you can help to create dementia friendly communities. From telling friends about Dementia Friends to visiting someone you know living with dementia, every action counts.

Perton Library - Monday 14th May - 2.30 -4.30
Codsall Library - Friday 18th May - 10.00 – 12.00

Visit www.dementiafriends.org.uk and click attend an info session
Please note: sessions are suitable for 18+ only.