



Healthwatch *Walks*

Map Walks



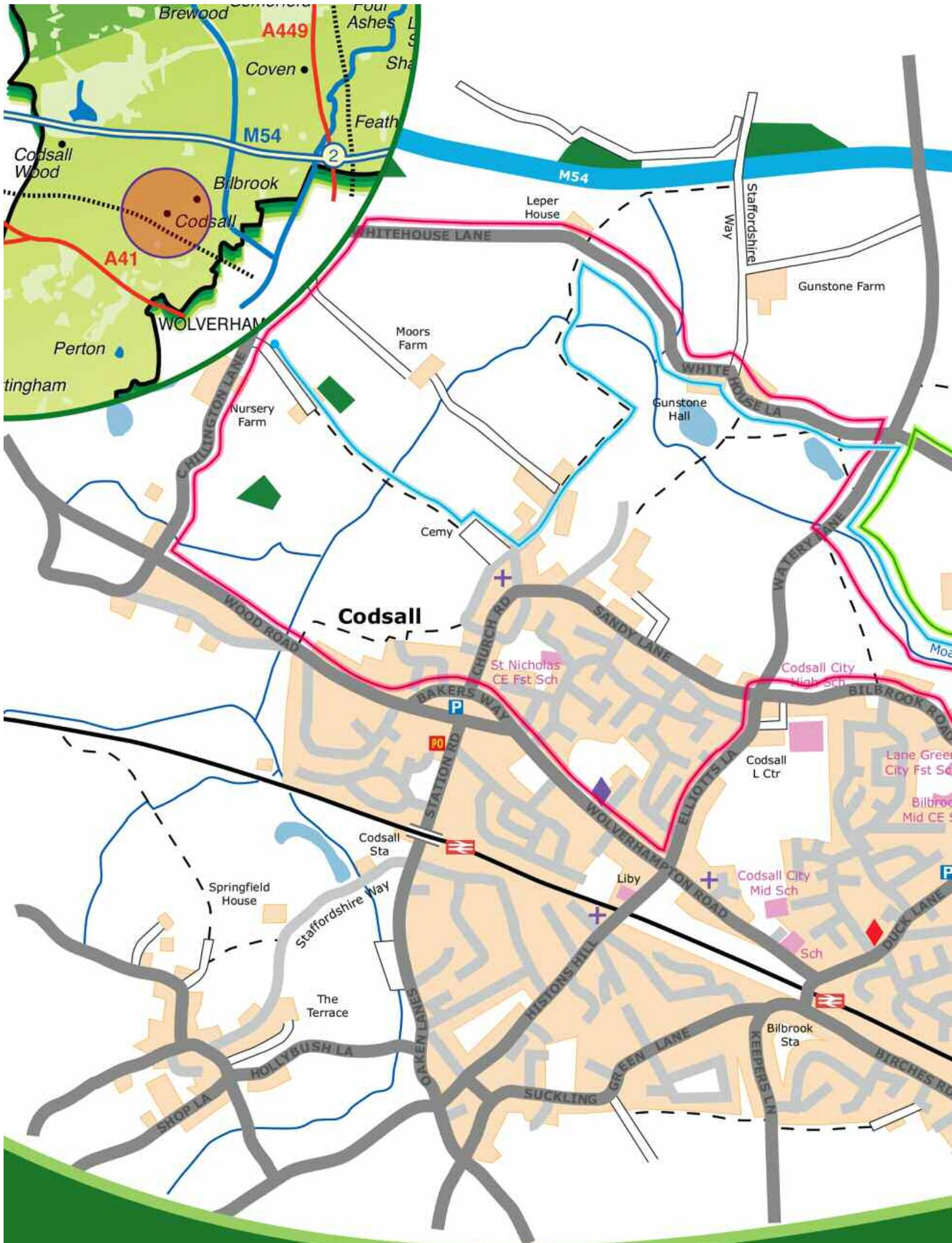
Codsall & Bilbrook
Bilbrook Village Hall



The Good Life
South Staffordshire



Healthwatch *Walks*



Brewood

A449

Coven

Four Ashes

Feath

M54

Codsall Wood

Bilbrook

A41

WOLVERHAMPTON

Perton

tingham

M54

Leper House

Staffordshire Way

Gunstone Farm

WHITEHOUSE LANE

Moors Farm

Nursery Farm

Gunstone Hall

WHITEHOUSE LA

WATERY LANE

Cemy

Codsall

+

St Nicholas CE Fst Sch

Codsall City High Sch

WOOD ROAD

CHURCH RD

SANDY LANE

BAKERS WAY

PO

P

STATION RD

Codsall Sta

Springfield House

Staffordshire Way

Liby

Codsall City Mid Sch

Sch

Lane Green City Fst Sch

Bilbrook Mid CE Sch

P

The Terrace

HOLLYBUSH LA

OAKEN LANE

HISTONS HILL

GREEN LANE

Bilbrook Sta

BIRCHES RD

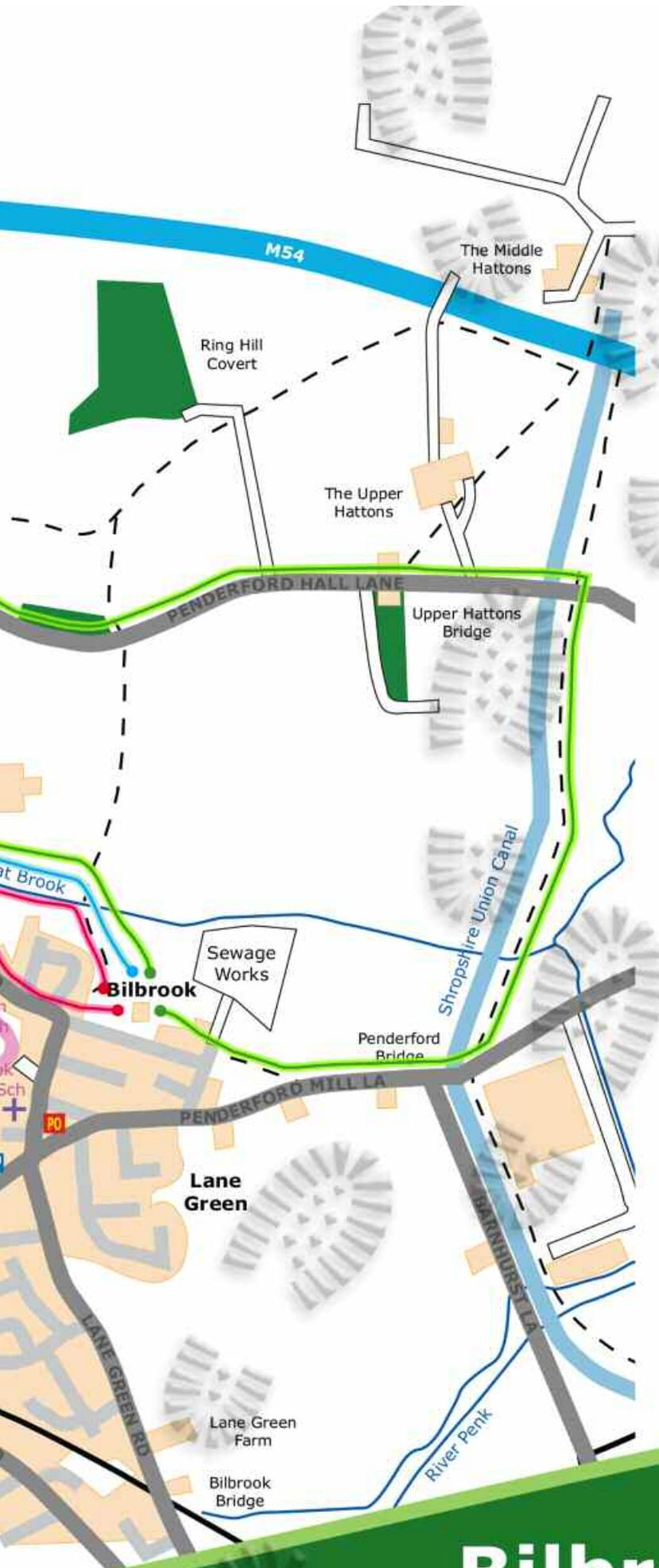
SHOP LA

HOLLYBUSH LA

SUCKLING

KEEPERS LN

BIRCHES RD



KEY

-  Houses
-  Motorway
-  A Road
-  B Road
-  Minor Road
-  Canal/Water
-  Woods
-  School
-  Stream
-  Railway Walk
-  Public Footpath
-  Circular Route
-  Circular Route
-  Circular Route
-  Parking
-  Post Office
-  Police Station
-  Fire Station
-  Church
-  Information
-  Attraction
-  Public House
-  Cafe

Walking is not only fun, it is an excellent form of exercise. Evidence shows that brisk walking for 30 minutes everyday can play an important role in the prevention of ill health.

Bilbrook/Codsall
Bilbrook Village Hall



Bilbrook/Codsall



Approximately 4.5 mile circular route

This is a fairly straightforward walk for those who might feel that they want a longer and slightly more challenging walk than the shorter and led health walks. It is along country lanes that are best described as “undulating” but without severe slopes or hills.

There are alternative routes but for those with wheelchairs and prams/pushchairs it is advised that you avoid the routes across fields which can be difficult to negotiate if not on foot.

Route

1. Start at Bilbrook Village Hall, take the path around the field northwest of the football pitch and follow it for about half a mile along partial overgrowth. This follows the stream at the rear of a relatively new looking estate of houses.

The earth path changes to a red shale path around a created and landscaped open space (Millenium Park). Follow the red path to the main road and exit.

2. Turn right into Watery Lane and 150 metres later turn left into Whitehouse Lane heading towards Gunstone.
3. Walk Whitehouse Lane for about 300 metres and you reach Gunstone Farm. Past this, on your left 50 or so metres further on there is a Public Right of Way across farmland to Chillington Lane past Nursery Farm Cottage. You can take this route or carry on walking Whitehouse Lane going past Leper House Farm and Moors Farm and onto Southdowns Farm before reaching Chillington Hall Lane on your left.
4. Take the left turn into Chillington Hall Lane, walking until you reach the other end of the public footpath mentioned above at Nursery Farm Cottage.

(At Nursery Farm Cottage you can take the public footpath route across farmland and back at Whitehouse Lane and back to the Village Hall if you feel you have walked far enough at this stage. This walk is about 2.5 miles).

5. If continuing on after passing Nursery Farm Cottage you will reach Wood Road where you turn left and walk until reaching Codsall Village

Hall from where you continue on the same road until reaching Elliott Lane where there is a set of traffic lights.

6. Turn into Elliotts Lane and walk about 300 metres to Codsall Community High School and Codsall Leisure Centre (the same site) on your right.
7. Fifty metres past the school and leisure centre is Bilbrook Road on your right. Take this road and walk until you see the sign for the Village Hall. A few metres before reaching the Village Hall sign you will see a public footpath sign.
8. Take the public footpath route back to the Village Hall.

This walk is approximately 4.5 miles and should last about 2.5 hours.

A circular walk in Bilbrook (*Alternative*)

An alternative route at Whitehouse Lane is to take the opposite direction, i.e. turn right into Penderford Hall Lane, which is opposite Whitehouse Lane and follow this route to the canal where you turn right again and follow the canal to Wobaston Road from where you turn right.

Further along Wobaston Road its name changes to Penderford Mill Lane to its end where you turn right into Bilbrook Road and follow the route until you see the sign for the Village Hall which you pass and walk for a few metres until turning right into the public footpath back to the Village Hall. This walk is about 2.5 miles.

For further details email: walking@fitnessengland.co.uk or mobile: 07516 115268

Special Note: Please remember, You walk at your own Risk. The South Staffordshire Partnership, South Staffordshire Council and it's health contractor which manages South Staffordshire Health Watch Walking Schemes, AL C&T Ltd, and any associated partners and affiliates will not accept responsibility for any loss or damage to property nor injury to any persons before, during and after walks undertaken that are part of South Staffordshire Health Watch Walking Schemes.